



Grace Judson



The Challenges of Change Leadership: simple tools for effective leadership in a world of constant disruption

I never thought of myself as a leader.

But when I look back on my career and my life, it's all there. When I look at the many things I'm interested in and have studied, it all comes together in this thing called *leadership*. And when I look at where I serve my clients best, there it is: leadership.

I speak on real-world topics, presenting practical tools that attendees can use to change their professional and personal lives.

For 16 years, I held leadership positions in global organizations. In 2005, I realized I could have a more meaningful impact as an external consultant. Since then, it's been my mission to help leaders, teams, and individuals become masterful communicators.

I teach at local colleges and universities, speak for nonprofit and professional groups, and I wrote the manual on navigating politics in the workplace: *Office Politics: the elephant in the conference room*.

I'd love to come speak for your group or organization.

It seems as if disruption is the "new black" - everywhere we turn these days, industries are being disrupted, companies are being disrupted, entire countries and governments are being disrupted.

But we can become leaders of our own change process - and thereby become able to help our teams and colleagues adapt to disruption with resilience and confidence.

In this session, participants will

- ◆ Learn the brain science behind resistance to change, so you can work *with* it instead of against it
- ◆ Discover how to manage the emotional impact of change that creates resistance, so you can help yourself, your team, and your colleagues keep moving forward
- ◆ Know what, when, how, and why to communicate change, so everyone knows what's changing, why it's changing, and - just as important - what's *not* changing

"I was inspired watching Grace deliver clarity-on-the-fly to ten peers in a monthly 90-minute ATD Special Interest Group which she facilitates. From content-rich pre- and post-meeting materials, to the time-rips-by comfortable meeting flow, I believe everyone walked away feeling grateful to have participated."

~ David Winkelman, Change Management Training & High-Output Meeting Facilitation



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www.gracejudson.com

760 . 521 . 5720

grace@gracejudson.com

~ better conversations ~