



# Grace Judson



## Meet your Inner Leader

Leadership is hard to define. And many leadership development approaches seek to establish "leadership styles" for people to learn and use.

But leadership is inherently *individual*, and attempting to adopt a specific "style" quickly feels awkward and inauthentic, and fails to build trust.

Instead, when leaders understand the foundational pillars of their *own* leadership style, they lead from a powerful place of true authenticity, building strong, trusting, high-performing teams.

In this session, participants will

- ◆ Discover the fundamental fallacy behind "leadership styles"
- ◆ Learn the three pillars of individual leadership capacity and excellence
- ◆ Notice the external factors that influence how leadership is expressed
- ◆ Understand how and why we are *all* leaders, regardless of our official roles or responsibilities
- ◆ Develop a core foundation of leadership that will act as a compass going forward

I help companies develop the leadership skills essential for successful, sustainable change.

Change leadership is not the same as change management - and learning change leadership reduces burnout and increases engagement.

I speak on real-world topics, presenting practical tools that attendees can use to change their professional and personal lives.

For 16 years, I held leadership positions in global organizations. In 2005, I realized I could have a more meaningful impact as an external consultant. It's my mission to help leaders, teams, and individuals become the leaders they truly are.

I teach at local colleges and universities, speak for nonprofit and professional groups, and I wrote the manual on navigating politics in the workplace: *Office Politics: the elephant in the conference room*.

I'd love to present for your group or organization. My contact information is at the bottom of this page to the right!

"Thank you for your outstanding presentation. The participants demonstrated great enthusiasm and involvement in the experiential activity you designed and facilitated. You approached a complex topic with insight and compassion, and many positive comments were expressed about your enlightening presentation."

~ Rose Lee Josephson, PhD, Faculty and Staff Services,  
University of California, San Diego



## Grace Judson

[www.gracejudson.com](http://www.gracejudson.com)

760 . 521 . 5720

[grace@gracejudson.com](mailto:grace@gracejudson.com)

~ change leadership for successful change initiatives ~