



Grace Judson



Office Politics: the elephant in the conference room

I help companies develop the change leadership skills essential for successful, sustainable change.

Change leadership is not the same as change management - and learning change leadership reduces burnout and increases engagement.

I speak on real-world topics, presenting practical tools that attendees can use to change their professional and personal lives.

For 16 years, I held leadership positions in global organizations. In 2005, I realized I could have a more meaningful impact as an external consultant. It's my mission to help leaders, teams, and individuals become the leaders they truly are.

I teach at local colleges and universities, speak for nonprofit and professional groups, and I wrote the manual on navigating politics in the workplace: *Office Politics: the elephant in the conference room*.

I'd love to present for your group or organization. My contact information is at the bottom of this page to the right!

Oh, the perils of office politics - and oh, how much we all hate to play that game!

Yet when you shift your perspective and realize what politics *really* involve (it's not what you think), you gain important communication skills that you can feel good about using. And then you can advance your career with confidence and authenticity!

NOTE: This program *cannot* be delivered virtually due to a key in-person activity.

In this session, participants will

- ◆ Learn the four key concepts to unlock the mystery of authentic, non-icky politics
- ◆ Act from a new, more meaningful (and more realistic!) definition of politics
- ◆ Radically improve your communication skills
- ◆ Begin developing fluency in the tools of respectful politics (yes, they do exist)
- ◆ Make interpersonal politics work for you - with integrity

"Thank you for your outstanding presentation. The participants demonstrated great enthusiasm and involvement in the experiential activity you designed and facilitated. You approached a complex topic with insight and compassion, and many positive comments were expressed about your enlightening presentation."

~ Rose Lee Josephson, PhD, Faculty and Staff Services,
University of California, San Diego



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~ change leadership for successful change initiatives ~